



Rocky Mountain Rambler

Rocky Mountain Region
Newsletter

Greetings From Your Director



Gardens are unique places where, as gardeners, we are privileged to get up close to the natural world. But gardening with nature also makes you realize how precious it is. Our impact on the planet is well documented, and it is up to us to adopt more environmentally conscious ways of living.

Artificial fertilizers and pesticides are energy-intensive to manufacture and carry many undesirable side effects, from polluting rivers to harming beneficial insects and soil life. A natural approach such as adding organic materials to the soil to build long-term soil fertility and planting flowers to attract pest predators avoids these negative impacts while creating a livelier, healthier garden.

Plant trees! Trees lock up carbon dioxide from the atmosphere, helping to mitigate the effects of our changing climate. In addition, planting trees is great for wildlife, and trees offer birds somewhere to nest, feed, and shelter.

Much of our waste can be composted. Garden-made compost is often richer in valuable nutrients. Make your compost and enjoy a free source of natural fertilizer to feed your soil and the plants growing in it.

Nature gives us lots for free. Set up barrels to collect rainfall, rake up fallen leaves to make leaf mold, the perfect material for improving soil structure.

~~ cont'd



September 2021

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Special points of interest:

- *Suet Recipe*
- *Vidalia Onion Dip Recipe*
- *Everything Tomato*
- *Don't Let Me Die!*



Directors Message ~~ cont'd

Of course, growing fruits, vegetables or herbs, and plants that naturally thrive in your location mean you will enjoy more success. This is also a big step to a more Earth-friendly lifestyle.

So, remember, when we plant in harmony with nature, we create harmony and peace within ourselves.

I look forward to these next two years as the RMR Director. My husband, Ray, and I love to travel so I hope to have an opportunity to visit each state in the region. I am excited to attend and visit with all of you at the RMR annual meeting in August.

Take care and have fun in your gardens.

Your Friend in Gardening

Margie Soileau

"Planting in Harmony with Nature"

margie@soileau.org

margie.rmrdirector@gmail.com



Dates to Remember

<i>DATE</i>	<i>WHAT</i>	<i>WHERE</i>
September 22-24, 2021	National Fall Board Meeting	Via Zoom
October 4-6, 2021	CFGF Flower Show Symposium	Denver, CO
October 15, 2021	Article Deadline November issue	The RMR Rambler rmrrambler@yahoo.com

NGC Conservation Pledge

I pledge to protect and conserve the natural resources of the planet earth and promise to promote education so we may become caretakers of our air, water, forests, land and wildlife.



Our beautiful Rocky Mountain Region includes the following States:

Colorado, Kansas, Montana, Nebraska, North Dakota, South Dakota, Utah and Wyoming

The Rocky Mountain Region Garden Clubs is an affiliate of **National Garden Clubs, Inc.**

Rocky Mountain Rambler

Rocky Mountain Region Annual Meeting Report

The 85th Annual Rocky Mountain Region meeting was held on August 27th and 28th, 2021, at Acorns Resort, located at Lake Milford, Kansas. The theme for the conference, “Planting In Harmony With Nature,” complimented the Kansas state sunflower, which was displayed in various ways throughout the meetings.

The festivities started on Friday afternoon, with Kansas gardeners hosting a hospitality suite having a large selection of snacks and drinks for all who visited. These ladies were extraordinary as the food never ran out, and there was always something to quench your thirst.

The main event held on Saturday was entertaining, educational, and fun. The day started with a continental breakfast, registration, and viewing of the many silent auction items. There were lovely baskets, wreaths, plants, garden art, plus much more. There were several board displays to view and unique and beautiful floral arrangements for the RMR State Presidents. Thank you to the Floral Judges for such beautiful floral arrangements!

On Friday night, we were entertained by Tim Keane, poet and storyteller. On Saturday, at lunch, Stephen Bridenstine gave an exciting presentation on the ecology of the Flint Hills.

Many RMR awards were given out Saturday evening, and it is so delightful to see participation from all of the RMR States. Included in the awards was a photo contest with many winners.

Donna Rouch, NGC Second Vice President, installed the State Presidents who attended the meeting and the RMR Officers. It was a colorful installation with many bright ribbons and a small gift for each.

The group attending the meeting was not large, but the excitement of seeing everyone in person for the first time in two years was such a blessing. The networking among all, catching up on families and friends, and feeling so grateful we could all be together is what made this annual meeting so memorable.

A big “thank you” to Jackie Watts and her husband, Allen, for all their hard work, along with a special “thank you” to the planning committee: Flowanna Crowley, Sheryl Fitzpatrick, Brenda Slaughter (deceased), Andrea Staudenmaier, Jean Timberg, and Maxine Wells.

Congratulations to the State Presidents: Nancy Griffin, Colorado, Maxine Wells, Kansas, Jim Sadler, Montana, Robbie Kupper, Nebraska, Linda Anderson, North Dakota, Thelma Busk, South Dakota, Mary Holley, Utah, and Shirley Pursel, Wyoming.

As the new RMR Director, I am excited to work with and develop a satisfying relationship with everyone.

My best regards,

Margie Soileau, RMR Director

RMR Convention—In Review



RMR Officers and State Presidents, l to r: Lynette Jeffres, Mary Lerrsen, Shirley Pursel, Mary Holley, Thelma Busk, Max Wells, Robbie Kupper, Margie Soileau.



Colorado delegation-l to r: Bob Parker, Michelle Austin, Sandy Dennis, Sue Parker, Ray and Margie Soileau, Bob and Doris Duckworth, Audrey and John Coyle



Margie Soileau, incoming Director with Darla Anderson outgoing Director



Wyoming delegation l to r: Shirley Pursel, Barb Yates, Lynette Jeffres, Sandy Dennis



Kansas delegation-l to r: Maxine Wells, Andrea Staudenmaier, Floanna Crowley, Jackie Watt, Sherryl Fitzpatrick, Margaret Endecott, Sue Ercolani, and Jean Tinberg



Montana delegation l to r: Joyce Hendricks and Sherry Corneliusen

Director and President Arrangements



Director, Margie Soileau



CO President, Nancy Griffin



KS President, Maxine Wells



MT President, Jim Sadler



NE President, Robbie Kupper



ND President Linda Anderson



SD President, Thelma Busk



UT President, Mary Holley



WY President, Shirley Pursel



Rocky Mountain Rambler

RMR Convention in Review ~~ cont'd



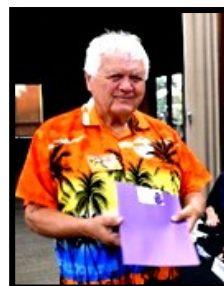
Donna Rauch,
NGC 2nd
Vice President



Presentation
of Colors



Bev Heidelberger
NGC President's
Project



Awards
received by
club
members



State Presidents: l to r: Wyoming, Shirley Pursel; Utah, Mary Holley; South Dakota, Thelma Busk; Kansas, Maxine Wells



Awards l to r: North Dakota (stand in) Les Westgard; Wyoming, Shirley Pursel; Colorado, Sue Parker; Montana (stand in) Sherry Corneliusen; South Dakota, Thelma Busk; Kansas, Maxine Wells; Nebraska, Robbie Kupper; Utah, Mary Holley; Presenter, Sandy Dennis



Audrey Coyle,
Plant America
Presentation



Silent Auction
Items



Rocky Mountain Rambler

Colorado Federation of Garden Clubs, Inc.



Hello there from Colorful Colorado's garden clubs! It is my pleasure to report that we are all trying our best to stay safe and healthy during these intricate times.

I have quite a few updates from across our state. Many clubs have started meeting in person and implementing field trips into their programs. . They are working on collecting dues, recruiting new members, and finding new and exciting ways to maintain current membership.

Loveland Garden Club went on a guided Farm Tour where they are pioneering low tech replicable sustainable methods for all types of food production. This club is also taking walking tours of a local park to identify trees with a Master Gardener. They already have 36 paid active members which include two new ones.

Queen of Spades Garden Club has had two informational meetings and have been touring their members yards and gardens. They have been working on programs and have implemented a huge membership drive that includes the NextDoor app, advertising at their local library and advertising in their local paper.

Dig and Dream Garden Club located in Aurora worked diligently during the Covid lockdown to use online technologies (Zoom) that enabled their club to maintain all scheduled meetings and programs. They continue to use joint in-person and online meetings to reach members who cannot come in person for whatever reasons.

Floral Art Study was one of the Clubs in the Northern Front Range District that hosted the CFGC Convention and received a Tree Grant of \$125.00. They added some of their funds and picked out a beautiful Blue Spruce to be planted in Wolff Park in Arvada where they have previously put trees for past members.

Top O' the World Garden Club is surviving and carrying on. They are working on community outreach projects such as plantings for their city gardens. They also have two great fundraisers which is a tradition in their club. One is the Sugar Plum festival in November where they man a festival booth and sell crafts and dried flowers along with yummy rum cakes baked with love by some of their members. I was told that this endeavor usually brings in \$1000-1200 dollars in revenue for the Club. In May they also have their annual plant sale which can bring in up to \$2,000. With all this revenue they do participate in the giving of a \$1,000 scholarship to a graduating Senior in their area. They have been tightening their belts though due to Covid and hope that these two fundraisers will still bring in the revenue they had in the past.

Manitou Springs Garden Club located in the mountains outside Colorado Springs is always heavily into educating their members on a various array of topics. They have been concentrating on Climate Change awareness and keeping up on their tree planting endeavors.

~~ cont'd

Colorado Federation of Garden Clubs, Inc. ~~ cont'd

Flower Fad Garden Club located in Pueblo have scored free mulch from their city which helps them with their community outreach planting programs. They are also working hard on increasing their membership and have added new members.

The Greeley Garden Club has been asked to plan and host the 20+ year old Greeley Garden Tour beginning in 2022. It will be another way to increase membership and serve as a fund raiser which will increase their contributions to the community. Treasurer, Lyn Carlisle, came home from the annual meeting fired up about membership after attending the Membership Round Table at the Annual State Conference. On Memorial Day, they dedicated a Blue Star and Gold Star Memorial at Linn Grove Cemetery in Greeley CO. Their Annual Plant and Bake Sale included, for the first time, online purchases along with in-person sale at a local park. Supporters of the club came in droves. At Linn Grove Cemetery, they planted the Honor Star at Soldiers Field, four perennial beds at the newly built ossuary, and the club's perennial circle bed. They also planted the urns located at the Veterans Memorial of Weld County and their continuing community project of a perennial bed located at Centennial Library. Through their new Square website, two members were added to the roster. Another two members were added through a casual garden meet-and-greet held at Lyn and Bruce Carlisle's home. It was an increase of 36% raising their membership numbers to 13! They are planning more events to continue to increase membership. They are making plans and budgeting for their 70th anniversary in 2026. Four of the club's members attended the CFGC Annual Convention hosted by the Northern Colorado District in Loveland CO. They have increased their presence on the internet through Facebook, Instagram, and their Website on Square. Club Officers are utilizing Google Drive for workspace which allows them to have access to information without having to email or text items to each other as they can store and share their documents, photos, publications from regional, state and national, works-in-progress, etc. on the drive rather than their own computers.

As for our State, we have much to do on our agendas. In September, we will be discussing the idea of adding a Technology Committee to our slate of existing Committees, we are revisiting a better and more transparent way to collect donations during our yearly "Colorado Gives Day", day of giving fundraiser. We are still working on collecting dues and rosters from clubs we haven't heard from. Implementation of a quarterly zoom call called "**Leadership Round Tables**" starting in September will take place. Here all Officers, Committee Chairmen, District and Local Presidents are invited to attend to exchange ideas, network, talk about what's working and not working in and for their clubs, along with gathering/sharing program and speaker information. I am very excited about this endeavor which hopefully will let the participating clubs know that we are committed to helping one another, not only survive but thrive and share some of the responsibility in helping enlarge our membership in the state.

Your gardening friend,

Nancy Griffin, CO State President

"Garden with Heart, Plant with Purpose, Conserve with Care"

Rocky Mountain Rambler

Kansas Associated Garden Clubs, Inc.



Jackie Watts, and Andrea Staudenmaier along with the rest of the committee has been busy these past few months (actually this past two years) making certain all is ready for the RMR Convention the 27th of August. We are so excited to see everyone after having to cancel in 2019. More on the convention later. Then the 1st & 2nd of October our KAGC will be having their Convention, delayed from April. Can you say “it’s a busy time of year”?

The heat and humid weather are starting to show in our gardens as is my water bill, due to lack of rain. Before we know it fall will be here and we can start winding down with another garden season in the books.

Suburban Garden Club is excited to finally be able to do the Gold Star Dedication on the 9th of September (please see your invitation elsewhere in the Rambler). This will be the first Gold Star Marker placed in the state of Kansas.

Back to the RMR’S 85th Convention; it was so wonderful seeing our old friends and making new ones. The setting was lovely and even though short staffed the Convention Center did an excellent job of accommodating our group. We had some great displays and the flowers representing each of the eight states were outstanding as were the center pieces. Friday’s program from Tim Keane with Stories & Poems from the Flint Hills was well received and entertaining. The speaker for Saturday, Stephen Bridenstine from Flint Hills Discovery Center educated us on “The Flint Hills Ecological Region”. Donna Rouch, NGC 2nd Vice-President did the installation of State Presidents and RMR Officers, she also presented Photo Contest Winners after which Michele Gustin announced and presented the RMR Awards. After all the awards Mary Holley extended the invitation from Utah for the 86th RMR Convention. In all, it was another outstanding RMR Convention

To Reap the Harvest, First Plant the Seed for Gardening as Well as for Friendships.

Maxine Wells

KAGC President, 2019-2021



Vidalia Sweet Onion Dip

Preheat oven to **350°**

makes **5 ½ cups**

1 cup Mayonnaise (I use Hellman’s)

½ cup grated Parmesan cheese

Hot sauce to taste

(I forgot to put in the hot sauce!)

2 cups shredded Swiss Cheese

2 cups thinly sliced (I chopped

Vidalia sweet onion

(or any sweet onion)

Mix all ingredients together in an oven proof dish, bake 30 minutes or until it bubbly and browned. We use chips with this dip or you can use crackers. It is easy to make half or to double. It will stay for about four days if refrigerated. **ENJOY!!**

Maxine Wells, KAGC, President

This was served at RMR Convention-requested recipe!

Rocky Mountain Rambler



Suburban Garden Club and the Daughters of the American Revolution

Respectfully Invite You to a

Gold Star Memorial Byway Marker Dedication Ceremony

September 9, 2021 at 4:00 pm

Botanica The Wichita Gardens

701 Amidon St. Wichita, KS 67203

Please join us for the **dedication** of a **Gold Star Memorial Byway Marker** in honor of those families who have lost a loved one in service to our country through the United States Armed Forces.

The program will begin promptly at 4:00 pm across from the Meadow in Botanica. Advise the Admissions Desk you are attending the event for the Gold Star Byway Marker and admission will be waived for all attendees. They will also provide directions to the meadow if needed. Bottled water will be provided.

Dedication Program

Welcome – Sherryl Fitzpatrick, President, Suburban Garden Club

Presentation of Colors – Boy Scouts of America Troop # 420

Invocation – Rogene Glenn, Suburban Garden Club

National Anthem – Jen Gardner, Vocalist

Pledge of Allegiance – Nancy Gordon, Regent, Susannah French Putney Chapter Daughters of the American Revolution

Introduction of Guests and Officials

History of the Gold Star Families Memorial Marker – Nancy Gordon, Regent Susannah French Putney Chapter Daughters of the American Revolution

Military Gold Star Families Tribute – Jeffery Gaines, Casualty Assistance Representative, McConnell AFB

Unveiling of Marker

Dedication of Marker – Maxine Wells, President, Kansas Associated Garden Clubs

Acceptance of Marker -- Marty Miller, Director, Botanica The Wichita Gardens

Placement of Wreath – Floanna Crowley, Suburban Garden Club

Benediction – Rogene Glenn, Suburban Garden Club

Taps

Montana Federation of Garden Clubs, Inc.



As everyone is well aware, the past year has been difficult. Montana normally has its convention in the second week of June. At that convention, I normally would have been installed. The Annual Meeting and the Fall Board meeting were combined together. The meeting will be in September 10 to 11 at the Holiday Inn in Great Falls, Montana. Sherry Corneliusen, our current president will preside. I will be installed as the Montana Federation of Garden Clubs at the end of the convention.

Because of Covid-19 my wife and I did not attend the RMR District meeting. We look forward to attending next year as President. Sherry Corneliusen, our current president will be representing Montana

Jim Sadler, President-Elect, Montana Federation of Garden Clubs
“Building Community through Gardening”

Federated Garden Clubs of Nebraska



Hello from Nebraska. The 87th annual State Meeting was held on June 3,4 and 5 in Lincoln, NE. We now have new officers. The new officers were installed by NGC President Mary Warshauer. From left to right Rilla Draper Secretary, Robbie Kupper President, Chris Martin, Vice President and Lorraine Patrick Treasurer.



Because of Covid, the four of us met quite a few times by Zoom before the annual meeting, so that we can hit the ground running. I am so proud and impressed to have these three ladies as part of our team so that we can serve our Nebraska garden clubs. Our hope is that we get at least one new garden club started in the next two years.

Nebraska has now opened up since covid and it is like our Garden Clubs are reblooming just like the reblooming iris and it is a great thing to see. Everyone was so happy to see each other at our State meeting. It is a wonderful thing that is happening. My theme is “Growing and Using Herbs in Nebraska”. Garden clubs have some of the nicest people. Nebraska acquired a new member from California., Julie West, who also works very hard for National Garden Clubs. Just met her at the State meeting and she told me her club in CA did a study on herbs and she would like to share some recipes with me to share with the Nebraska Garden Clubs. That is what I like about garden clubs, you never met a stranger.

I am looking forward to the next two years. My plan is to visit all the garden clubs in Nebraska at least once if not more and learn and help as much as I can. **Happy gardening and remember plant some herbs!!!**

Robbie Kupper
President, FGNC
“Growing and Using Herbs in Nebraska”

Rocky Mountain Rambler

South Dakota Federation of Garden Clubs



My sincere apology to Thelma and South Dakota. I did not find Thelma's article in time for the "Getting to Know Us" issue. Here it is—



Hello everyone from the State of South Dakota. My name is Thelma Busk and this is my first year as the state president. I belong to the Dell Rapids Area Garden Club where I recently was president for four years. My proudest time during my term was to see our members take on a big revamping project that span for several years. It was a garden that was started several years ago but had become overgrown and unmanageable. With some hard work, fundraising and some heavy lifting the committee and the help from our members it is now a show stopper and a prize gem in our community.

Our state is small but we are mighty. Our garden clubs here are very active and have done some amazing community service. I look forward to visiting each club to see all that they have plan.

My theme is **"Dirty Hand Good Life"**. I truly believe that with your hands in the dirt you can melt away all the troubles in your life and the crazy world around you. It has been an exhausting and challenging year for all of us, but gardening has been a big help with reliving the stress for many of us

Our growing season is not quit long enough so, like many of my fellow gardeners ,I will bring in blooms from my garden to hug the south windows of my house to give me a little sunshine during the cold months of our winter. I think when you live in a cold climate like we do you appreciate the spring with its blooms. I love finding the first little sprouts coming from my garden. My favorite is my collection of Hosta's. I have several large Hosta bed with all shapes and sizes. A new variety or one I don't have is always on my list when I go plant shopping.

Thelma Busk

"Dirty Hands, Good Life"

dakfayepriims@santel.net

The Utah Associated Garden Clubs, Inc.



I read a spring newsletter by Geoff Ellis that read "The snow is falling and the fruit tress are blooming". Yesterday the ash was falling and the whole landscape was wilting. Welcome to summer 2021 in the west. All we can do is try our best to conserve water and still have a yard and garden to enjoy. On an upbeat note, I am happy to report that all of the garden clubs I was able to contact. are surviving.

The Utah Rose Society is really blooming. After a virtual meeting in February, they met in person at the Garden Center in Sugarhouse Park in March and then had a private garden tour in June. August will take them to Red Butte Gardens - a very special rose garden you will be able to view next August at the Park City RMR. They have another tour in September and a Holiday Party planned for December back at the Garden Center. ~~ cont'd

Rocky Mountain Rambler

The Utah Associated Garden Clubs, Inc. ~~ cont'd

The Garden Club of Cottonwood summed up their year as close to normal. They have been proposing new members and supporting community garden projects financially. One project is the Fall Tree Giveaway. Residents can request a tree to refurbish and beautify their neighborhood. They have been very successful in all their endeavors.

The Neighborhood Garden Club did an incredible job planting with local school kids in the spring. Now that the Kids are returning to school they will be able to view their work and harvest. They have added new members, had their first in meeting in May and are even planning extra meeting to make up for the lost ones due to COVID. Some of the meetings were flower arranging demonstrated by Darla Anderson, Heritage tomatoes by Paula Garfield and a tour of Tracey Aviary.



The Orchid Society has been meeting through Zoom, but hope to meet September in person. They are planning a Fall Orchid Show at the Red Butte Garden's Orangerie on November 5-7.



There will be
more cars next
year

The Park City Garden Club met each month since April. All meeting have been outdoors and well attended. New members were added to replace exiting ones (we limit membership to 45). We did a spring clean of the Garden Center's gardens, toured a high altitude Garden Center, and planted a Memorial tree for a young member we lost to breast cancer at the Park City Library. We toured grand and small gardens, will support the Bicycle Collective in Salt Lake and are having a lot of drought education. Plus, we will begin planning the Park City, Utah RMR after attending the RMR in KC.

In my mind, the **Spade and Hope Club** in Brigham City has the most to boast about! They have been meeting since April for tours. They raised \$1,700.00 by selling plants dug up from their own gardens. That's a real yard sale. Money went to the community- food pantry, trees for beautification and the planting of seven and one-half barrels for the train station. They



Gaye Stoner,
Park City
Garden club won
First place for
her Floriculture
at the Summit
County Fair

continue to have potlucks and are planning a Thanksgiving/Christmas table centerpiece /wreath making by foraging the greens themselves in again their gardens. They have an older percentage of members that felt safer not to attend this year, so out of 25 club members, this was mostly done by 12 members. I would love to forage with them.

We're looking forward to planning the RMR. A tentative theme could be "Arrive early and leave late". I have been told that many would like to revisit Thanksgiving Point.

Come early on Friday tour the garden then come up Provo Canyon to Park City through the fall leaves. Stay late by visiting the Beautiful Red Butte Garden on the way to the Airport Sunday.

Mary Holley
President, UAGC

"Play and plant in Utah Wisely"

Rocky Mountain Rambler

Wyoming Federation of Garden Clubs, Inc.



Wyoming Federation of Garden Clubs enjoyed holding a one day annual meeting in Casper, Wyoming. We had about 23 in attendance and everyone was very enthusiastic. We conducted business, elected officers for new year and enjoyed a no host lunch. Around our state, we have had a Blue Star Memorial marker installed in Torrington, held meetings and yard tours and worked on continuing projects in each community. In Casper, we toured a beautiful yard and were treated to an amazing tour of the house displaying many exhibit quality hunted animals. We are looking forward to our mid-year meeting in October.

Wyoming currently has six active clubs in our state. You can see us on the web at: www.wyominggardenclubs.com or on facebook at:

<https://www.facebook.com/WyomingFederationOfGardenClubsInc>
[facebook.com/WyomingFederationOfGardenClubsInc](https://www.facebook.com/WyomingFederationOfGardenClubsInc).

Enjoy your summer while “Gathering Friendships thru Gardening”.

Shirley Pursel

WFGC, President

“Gathering Friendships thru Gardening”



Top 10 Ways to Help Birds in Bad Winter



**Feeding birds in winter, if done right, is a good thing
for the birds (and for us, too).**

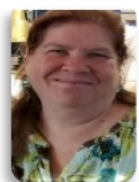
10. Make sure seed is accessible and dry
9. Make a windbreak.
8. Keep extra feeders for use in bad weather.
7. Scatter seed in sheltered places
6. Put out high-energy foods
5. Use a birdbath heater wisely.
4. Offer mealworms in a heavy dish or small crock.
3. Furnish your bird houses.
2. Plug the air vent holes in your bird houses with removable weather stripping.
1. Be ready for big changes in weather



Whatever you do, don't let yourself be caught totally unprepared for harsh winter weather. The birds don't *have* to live off of your feeder largess, but it sure helps make the winter livin' a little easier.

Read the whole story at: <https://www.birdwatchersdigest.com/bwdsite/learn/top10/top-10-ways-to-help-birds-in-bad-weather.php>

Awards



Listed below are the **Award Winners** from the 2021 Rocky Mountain Region Conference held at Lake Milford, Kansas. **Congratulations to all winners!**

No.	Letter	Name	Place	Club or Name	State
1	c	Colorado-Garden Therapy	1 st	Rainbow	Montana
1	c	"	2 nd	Dell Rapids Area	South Dakota
1	c	"		Utah Rose Society	Utah
2	a	Kansas-Conservation	1 st	Rainbow	Montana
2	b	"	2 nd	Neighborhood Friendship	Utah
3	b	Montana-Writing	1 st	Friendly Federated	Nebraska
3	b	"	2 nd	Dig and Dream	Colorado
3	c	"		Utah Rose Society	Utah
3	d	"	1 st	Montana Federation	Montana
3	d	"	2 nd	CO Garden Connection Editors	Colorado
3	e	"		Rainbow – Amy Grissik	Montana
4	c	Nebraska-Horticulture Excellence		Dell Rapids Area	South Dakota
5	f	North Dakota – Media Program		Rainbow-Patricia Schlaeger	Montana
6	b	South Dakota- Birds		Andover – Friendship	South Dakota
7	a	Wyoming- Trees	1 st	Andover – Friendship	South Dakota
7	a	"	2 nd	Dell Rapids Area	South Dakota
7	a	"	3 rd	North Front Range District	Colorado
8	b	Utah-Garden Tours		Park City	Utah
8	e	"	1 st	Andover Friendship	South Dakota
8	e	"	2 nd	Utah Rose Society	Utah
10	d	Civic Development		Park City	Utah
10	e	"	1 st	Rainbow	Montana
10	e	"	2 nd	Mitchell Area	South Dakota
12	c	Butterfly Gardening		Andover Friendship – Linda Witt	South Dakota
14	a	Landscape Design		Dig and Dream	Colorado

Rocky Mountain Rambler

Awards ~~ cont'd

No.	Letter	Name	Place	Club or Name	State
15	a	Garden Study		Mitchell Area	South Dakota
16	c	Youth Awards		Rainbow – Cabbage Patch Kids	Montana
16	d	“		Member at Large – Margaret Staley	South Dakota
17		Fund Raising		“	“
22	c	Citation of Distinguished Service		Joanne Jeffres	RMR
24		Youth Gardening – Ages Pre-K to toddler		Dell Rapids Area	South Dakota
24		“ Ages 5-9	1 st	Neighborhood	Utah
24		“ Ages 5-9	2 nd	Mitchell Area	South Dakota
24		“Ages 7-12	1 st	Member at Large- Margaret Straley	South Dakota
24		“ Ages 9-12		Neighborhood	Utah
26	a	Photography – Camera		Floral Art Study Club	Colorado
26	e	“		Dell Rapids Area – Lindsey Duffy	South Dakota
26	e	“		Andover Friendship – Linda Witt	South Dakota
26	e	“		Park City- Mary Perry	Utah
27-1	Web-site			Dig and Dream	Colorado
3	e	Montana – Writing Club Yearbook			
		Under 15 Members	1 st	Queen of Spades	Kansas
			2 nd	Bonner Springs	Kansas
			3 rd	Queen of Spades	Colorado
			Award of Merit	Friendly Federated	Nebraska
		15-25 Members	1 st	Evergreen Moonlight	Colorado
			2 nd	Santa Fe Trail	Kansas
			3 rd	Mitchell Area	South Dakota
		26-35 Members	1 st	Olathe Garden & Civic	Kansas
			2 nd	Prairie	Wyoming
			3 rd	Mitchell Area	South Dakota
			Award of Merit	Riverton	WY

Awards ~~ cont'd

No.	Letter	Name	Place	Club or Name	State
		26-35 Members	Award of Merit	Top O'the Word	Colorado
		36+ members	1 st	Rainbow	Montana
			2 nd	Douglas County	Colorado
			3 rd	Dig and Dream	Colorado
			Award of Merit	Suburban	Kansas

Michele Gustin, Awards Chairman

Birds, Audrey Coyle

**Make Your Own Suet**

With this easy vegetarian recipe, you can attract insect lovers like woodpeckers and nuthatches.

With this vegetarian version of suet (traditionally it's made from rendered animal fat) you can provide the perfect winter substitute for birds that normally feast on insects. This lipid-rich treat can help prepare year-round residents for the long winter and is quite the draw for birds such as woodpeckers, wrens, chickadees, nuthatches, and titmice. Check out this recipe inspired by "The Misfit Baker" blog.

Materials:

- 1 ½ cups shortening (look for palm oil free options)
- ¾ cups nut butter (any kind)
- 3 ½ cups wild bird seed
- 1 cup quick oats
- Ice cube tray

Steps:

1. Mix the dry ingredients of bird seed, oats, and corn meal together and set aside.
2. Combine the shortening and nut butter in a separate bowl and melt. Stir until completely combined.
3. Pour the melted mixture into the dry ingredients and stir until combined. Spoon mixture into the ice cube tray
4. Freeze for one to two hours and place in your suet feeder!

Taken from: <https://www.audubon.org/news/make-your-own-suet>

Audrey Coyle, Bird Chairman



Hummingbird picture
taken by Darla
Anderson, UT



Rocky Mountain Rambler

Blue Star, Joyce Hendricks



Over the past two years many clubs have dedicated Blue Star Memorial Markers and Gold Star Families Memorial Markers/plaques. Even during the pandemic these dedications have occurred. What a wonderful way to pay tribute to those who have and are serving our country as well as their families.

I had requested information from the state presidents as to any of these markers that had been placed in the past term. In 2019 Filmore, Utah replaced an older marker that was deteriorating. This was an Eagle Scout project. In 2020 Grassroots Garden Club in Torrington, Wyoming dedicated their marker. The Greely Morning Garden Club in Colorado dedicated their marker in April 2019 and Fort Logan, Colorado dedicated a Gold Star Families Memorial Marker in 2018. The Suburban Garden Club of Kansas dedicated a Gold Star Families Memorial Marker in the Botanical Garden in Wichita. In Montana, Cascade, Stevensville and Glendive Garden Clubs have dedicated Blue Star Memorial Markers and Glendive also dedicated a Gold Star Families Memorial Marker.



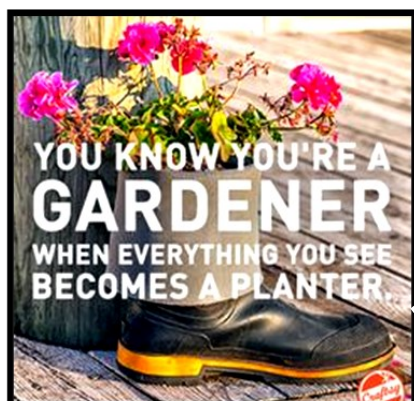
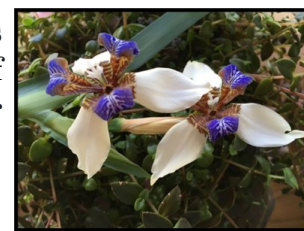
Other clubs in our 8-state region have probably also dedicated markers but I do not know who they are but would welcome information.

I would also like to receive pictures of your club's markers to make a poster to display at our meetings. The sites are all very different and it is

exciting to see how they are planted. This might encourage other clubs to participate.

Thank you to all members who work diligently to maintain the sites where their markers are found. This is a very important part of having the markers and continuing to show our military and their families respect and honor.

Joyce Hendricks, Chairman



Butterflies



The Monarchs are coming! The Monarchs are coming! Yes, it is nearly time for the migration of the mighty Monarchs. Beginning in Canada, daylight hours are beginning to shrink so the “GPS” of the Monarchs are registering the shorter daylight hours and beginning to gather for the long trek to Mexico.

This butterfly was selected as the Rocky Mountain Region official butterfly so we must cater to its needs in order that it defy all chances of extinction. Already the US Government has accepted the status of ‘**endangered**’ for this creature. It is up to the citizens of this country to NOW take it seriously that it could become extinct in our lifetime. Populations of the **Monarch in 2020 declined 18-20%**. In order for it to continue to thrive, we must propagate our native milkweeds into pots, home gardens and in open areas where crops are not likely to be planted. I have empathy for the farmers who no longer want milkweed in the fields due to disrupting the operation of their equipment. Specifically, if you plant milkweed in your space you should be able to monitor it and keep it under control as it does usually grow from the roots the next year. Remove seed pods before they erupt to control the massive spread of seeds.

Planting **native species of milkweed is best**. If you are not familiar with what your area supports, check this website for a map and photos of plants identified by the experts to be the best for butterfly gardening.



www.fs.fed.us/wildflowers/pollinators/Monarch_Butterfly/documents/MilkweedInfoSheet.pdf

This season I have observed more monarchs in the milkweed patch than have been seen in the city for the past 10 years. Amazingly, it is the nectar of the flowers that they have been seeking—not so much the fact that it is the host for the eggs/caterpillars!

MonarchWatch.org is a great website for information about the complete life cycle of Monarchs and provides a chance for citizen scientists to participate in the research and study of Monarchs. Let me be the first to encourage you to visit that site, then share your knowledge with family and friends. Perhaps it's time to take a walk in a wildflower meadow and keep an eye out for Monarch butterflies, larvae and even those tiny monarch eggs. Join a group that supports butterfly and plant conservation. You may be enlightened and inspired by meeting other folks that have the same passion!

If you believe in the mission of NGC, Inc. be a volunteer in your community garden club! **The possibilities are awesome!**

Margaret Straley
Butterfly Chairman



Facebook



2021-2023 RMR FACEBOOK COMMUNICATION EDITORS

[Rocky Mountain Region Garden Clubs Facebook Page](#)

In an effort to increase communication between the members in our Region, each state has a volunteer who will post information about flower shows, dedications of Blue and Gold Star Markers, community and youth projects, state meetings, awards and grants earned, and other interesting articles. Contact your state's editor listed below to have your club's project posted on the RMR Facebook page linked above. We want your news!

- **Colorado** – Annie Mollock, dragonflydragonfli@yahoo.com
- **Kansas** – Maxine Wells, bwells21@cox.net
- **Montana** – Jim Sadler, jimsadler1220@gmail.com
- **Nebraska** – Lorraine Patrick, Lorraine_patrick0809@yahoo.com
- **North Dakota** – Nancy McKinnon, mcknan@ideaone.net
- **South Dakota** – Thelma Busk, dakfayeprimis@santel.net
- **Utah** – Geoff Ellis, aloysius2412@live.com
- **Wyoming** – Shirley Pursel, shirleypursel@yahoo.com
- **RMR Facebook Coordinator** – Phyllis White, gardens@bresnan.net



Phyllis White, Chairman



Tuberous Begonias in Cold Climates —



In order to keep and enjoy begonias in the garden each year, begin by wintering begonias indoors. Overwintering Tuberous Begonias Tuberous begonias should be dug up and stored indoors during winter until the return of warmer weather in spring. Begonias can be dug up in fall once foliage has faded or just after the first light frost. Spread begonia clumps on newspaper and leave this in a sunny area until thoroughly dry — about a week. Once they have sufficiently dried, cut away any remaining foliage and gently shake off excess soil.

To prevent problems with fungus or powdery mildew while wintering begonias, dust them with sulfur powder prior to storage. Store begonia tubers individually in paper bags or line them in a single layer atop newspaper. Place these in a cardboard box in a cool, dark, dry location.

Read more at Gardening Know How: Wintering Begonias: Overwintering A Begonia In Cold Climates <https://www.gardeningknowhow.com/ornamental/flowers/begonia/wintering-begonias-overwintering-a-begonia-in-cold-climates.htm>

Flower Show Schools and Symposiums



Traveling Flower Show

An experienced Garden Club member told me once “If you have no judges and do not have flower shows, the Garden Club steadily degenerates into a coffee club with a dim future”.

When doing a review of why clubs fail, I have come to the conclusion that my friend was correct. I want to share with Rocky Mountain Region the strategy that Montana pursued this year. Every year the officers visit the 8 districts for their District Meeting. The District Director is in charge of the meeting. When we were planning for the district meetings, I suggested that we have a Traveling Flower show. The idea was that the Officers would write a schedule, bring with them the ribbons, entry cards, and class titles and names. The district responsibility was to advertise the show among its members, provide containers and tables at the meeting. Before each meeting I mailed each district a packet with the schedule, the class names on cards and entry cards. When the officers showed up at the meeting the show was set up and part of the program, the officers, all of whom are NGC judges judged the show. We had five districts participate.

From the positive response we received, the program was a success. The success came from freeing the club from all the strictures of a formal show allowing only the fun part of the show to be featured. When all was said and done, a small NGC show following NGC procedures in fact occurred. We did not reserve or have sign up for the designs or horticulture. Since we were not offering NGC awards participants were free to enter where they wanted. As it turned out we could have offered the awards as more than sufficient entries were received. A relaxed feeling was the prevailing atmosphere. Folks talked about the horticulture and gave each other tips on growing. The designs were all petite or small designs.

Whether the five Districts had the spark that will lead to future shows, only time will tell. The schedule that was used is as follows. It is included so that others may replicate the idea. (shown on next page)

Jim Saddler, Chairman

COLOR ME! Make your day shine!



TRAVELING FLOWER SHOW

In order to provide for a program for District Meetings, a **Traveling Flower Show** is being presented. It is not the intent of the program to comply with all NGC flower show rules. NGC exhibiting rules will be followed. The **purpose** is to provide competition within the classes allowing participants to gain experience in exhibiting. The officers will bring the ribbons, class names, and entry tickets. The clubs participating will provide exhibitors, space, containers for horticulture, and time for the program to occur. The exhibits will be judged by a three-judge panel following NGC rules. Student Judges, Judges, and garden club members and friends are all encouraged to enter.

Design Division

BACK SEAT DRIVER

Class 1: **“Blue Skies”** 5” designers’ choice

Class 2: **“Rip Along”** 5” designers’ choice

Class 3: **“Hot Shot”** 5” a Creative 5” design

Class 4: **“Winding Road”** 10” small design, Designer’s Choice

Class 5: **“Bright Light”** 10” small design, Designer’s choice

Class 6: **“Turn Left right here”** 10” small design, Designer’s choice

Class 7: **“What’s Up?”** 3” miniature, designer’s choice

Class 8: **“Slow Down”** 3” miniature, designer’s choice

Class 9: **“A Friendly Reminder”** a small design under 12” A design using a piece or pieces of your favorite dishware.

Horticulture Division

Classes in this division can be divided if three or more of same color, type, or variety. Container grown plants can be single plant or multiple plant.

Division 2

Class 10: Cut Flowers from Annuals

Class 11: Cut flowers from Perennials and Biennials

Class 12: Cut flowers from Bulbous plants (corms, bulbs and rhizomes)

Class 13: Cut flowers from Rose bushes

Class 14: Container Grown Plants, under 6” in diameter

Class 15: Container Grown Plants under 12 pounds, 7” to 12” in diameter

Invasive Species



The U.S. government has determined **three impacts of Invasive Species**:

“Economic and Social Impacts:

Invasive species are 1) non-native (or alien) to the ecosystem under consideration and 2) whose introduction causes or is likely to cause economic or environmental harm or harm to human health.

The economic and social impacts of invasive species include both direct effects of a species on property values, agricultural productivity, public utility operations, native fisheries, tourism, and outdoor recreation, as well as costs associated with invasive species control efforts. A 2005 study estimated that the economic damages associated with invasive species in the United States reached approximately \$120 billion/year (FWS 2012).



Examples of species with agricultural impacts include [leafy spurge](#) (*Euphorbia esula*), a plant that was introduced to the United States in the late 1800s and has since invaded large areas of the Great Plains Region, decreasing the grazing capacity for livestock (Leistritz et al. 2004),

Examples of non-agricultural economic impacts include [zebra mussels](#) (*Dreissena polymorpha*), which block intake pipes for power generation and water treatment facilities,



Invasive species can impact both the native species living within an ecosystem as well as the ecosystem itself.

Environmental and Ecological Impacts:

Indirectly, invasive species may cause native species declines due to resource competition and habitat alteration (Davis 2009). For instance, plant invasions have been demonstrated to alter carbon and nitrogen cycles and fire regimes in invaded ecosystems (Simerloff and Rejmánek 2011). The invasion of [downy brome](#) (*Bromus tectorum*) in Western U.S. grasslands has led to an increase in the frequency and



intensity of wildfires (Simerloff and Rejmánek 2011), and [saltcedar](#) (*Tamarix* spp.) makes the soil inhospitable to native species by depositing large amounts of salt into the surrounding soil (Bell et al. 2002)

Human Health Impacts:

Invasive species can negatively impact human health by infecting humans with new diseases, serving as vectors for existing diseases, or causing wounds through bites, stings, allergens, or other toxins (Mazza et al. 2013). For instance, the [Asian tiger mosquito](#) (*Aedes albopictus*), often considered the most invasive mosquito in the world, serves as a vector for many diseases, including [West Nile Virus](#) and Dengue fever (Benedict et al. 2007). “The above information taken from “invasivespeciesinfo.gov”



Next, we will look at the five types of Invasive Species: Aquatic, Insects, Pathogens, Plants, and Wildlife.

Alice Hemseth, Chairman, Invasive Species

Membership



Hey garden club members, even though covid has caused our club memberships to have dropped in numbers, we are seeing new members looking for us on social media..

Please share the garden club sites on Facebook with your members.

National Garden Club is: gardenclub.org ; **YOUR state and local clubs on Facebook** and of course **Rocky Mountain Region** on Facebook.

Have a beautiful fall.

Shirley Pursel, Chairman



Penny Pines, Del Hemseth



This year is going to be a record setting year for fires in the U.S. and acres burned. Several States in the RMR are having forest fires or are prone to fire due to drought, wind, and lightening. It is making news on TV and other media and there is not much on the horizon for containment of fires.

Smoke has infiltrated much of the Midwest and further east into those states which normally have much smaller fires than what we are experiencing in the west this year. Air quality is a concern across the Midwest as the smoke moves across the country. One thing that has occurred is that the daily temperature has been kept cooler because of the smoke keeping the sun from shining brightly.



Oregon currently has 68 fires which have burned over a million acres of forests.

Be sure to google forest fires if you want more information about your State. Nebraska, Kansas, South Dakota and North Dakota have been spared the major fires but that could change quickly.

I have not received any notices on donations to Penny Pines program in the RMR region but I am sure that will change as we go forward.

Del Hemseth, Chairman

Parliamentarian



This month we are discussing correcting minutes. I hope this is helpful especially to our secretaries. According to *Robert's Rules of Order Newly Revised in Brief*:

“Question 16:

If minutes of a previous meeting are corrected, are the corrections entered in the minutes of the meeting at which the corrections were made?

Answer:

If corrections to minutes are made at the time when those minutes are originally submitted for approval, such corrections are made in the text of the minutes being approved. The minutes of the meeting at which the corrections are made should merely indicate that the minutes were approved “as corrected,” without specifying what the correction was.

If it becomes necessary to correct minutes after they have initially been approved, such correction can be made by means of the motion to *Amend Something Previously Adopted*, which we discussed on Pages 61-62. In this event, since the motion to *Amend Something Previously Adopted* is a main motion, the exact wording of that motion, whether adopted or rejected, should be entered in the minutes of the meeting at which it was considered. [RONR (11th ed.), p. 469, 11.4-8; p. 475, 11.18-24; see also p. 151 of this book.]”

"An example of an appropriate motion would be, 'I move to rescind the motion relating to the purchase of an overhead projector which was adopted at our June meeting or I move to amend the authorization previously adopted to purchase an overhead projector by adding not to exceed \$500.'"

Mary Lerssen, Parliamentarian



RMR Treasurer—Two Cents Worth



Thank you to Kansas for hosting the 2021 RMR meeting! It was great to be back in the company of friends!

The finances of the region are strong! The Wells Fargo checking account has just over \$9,000 in it and our funds invested at Edward Jones are still growing!

The original \$10,000 investment has grown steadily to \$15,382 at the end of July! The 12-month rate of return is 16.23% with a 16.31% Rate of Return for the history of our account. That's GREAT news!

Lynette Jeffres, RMR Treasurer



Account Value	
\$15,318.82	
1 Month Ago	\$14,899.52
1 Year Ago	\$13,215.35
3 Years Ago	\$9,846.52
5 Years Ago	\$0.00

Smokey Bear-Woodsy Owl



The 2021 Smokey Bear poster contest was dedicated to Woodsy Owl's 50th birthday. Each participant was required to include Woodsy Owl. Woodsy Owl is America's icon for the conservation of the environment. Since 1971, Woodsy has helped parents and teachers inspire children to observe, explore, and care for the environment. He challenges children to "Lend a Hand, Care for the Land!" and to take an active role in caring for the land through recycling, reusing, and reducing waste, planting and caring for trees, using resources wisely, and not littering. With that, we had 122 participants from the state of Wyoming enter the contest, with 15 going onto regionals. You can go to the National Garden Clubs website to find this years winners. We look forward to more entries next year.



Connie MacKay, Chairman

Wildflowers & Native Plants



Colorado Native Plants Landscaping Coalition formed—

Drought is a constant in the Rock Mountain region and along Colorado's Front Range. Today, global warming and unprecedented population growth, plus laws that send Colorado water to other states, have made conserving water even more vital. The best way to conserve water in landscaping is, of course, xeriscaping, but what many don't realize is that the definition of xeriscaping — a technique that reduces or eliminates irrigation by using plants that require little to no water -- does not promote using native plants. The Colorado Native Plants Landscaping Coalition has been formed to update the definition of xeriscaping to include using native plants in landscaping.

Over the past year, Audubon Rockies has spent the last year working with other organizations to form the Colorado Native Landscaping Coalition and increase awareness of native landscaping. Currently, the coalition includes the Colorado Native Plant Society, Colorado Wildlife Federation, People and Pollinators Action Network, and Wild Ones Front Range.

Simply put, native plants use less water than nonnative plants. Over several millennia, native plants have adapted to the wild variations of Front Range and Rocky Mountain climate: so have our native birds, insects, and animals, which require native plants for food and habitat. However, using natives in landscaping remains overlooked by governments and gardeners alike. The Coalition aims at advising state and local governments on updating development codes and providing financial assistance, education, and demonstration projects to establish native landscaping practices across Colorado. Just decreasing grass areas and increasing native plants on state, municipal, and private lands will make those areas' more resilient to drought while using less water, fertilizer, and pesticides, and money.

Pamela Graves, Chairman



My Mom's Tomato Pie Recipe

When someone asks me what I remember most about my Mom, it is two things: her hugs were always the best, and her cooking skills were outstanding. She could make a dish out of just about anything in the pantry and refrigerator. She always had to make big meals as I have five siblings, and we grew up loving food.

My Dad always had a vegetable garden, and I learned to enjoy all types of vegetable dishes. She had to get creative with veggie recipes because my Dad always planted enough to feed the neighborhood. One of my favorite dishes is my Mom's tomato pie. She would serve it as a side dish, but this recipe can be enjoyed as a main dish for lunch or dinner. I hope everyone makes and enjoys this pie as much as I do.

Crustless Tomato Pie:

4 tomatoes sliced	1-2 tsp salt	1 tbsp butter
1/2 c. onion chopped	1 clove garlic minced	1/2 tsp black pepper
2 tbsp fresh oregano, chopped	6-7 basil leaves, chopped	2 Eggs beaten
2 c. mozzarella cheese shredded, plus extra for sprinkling over top		

Step 1: Lay the sliced tomatoes on plates and lightly sprinkle them with salt. Let the tomatoes sit for at least 10 to 20 minutes.

Step 2: In a small skillet, melt the butter over medium-high heat. Once melted, add the onion and garlic. Sauté for about 8 minutes until the onions are soft. Place the onion and garlic in a medium-sized bowl.

Step 3: To the bowl, add the cheese, eggs, herbs, and pepper and stir to combine.

Step 4: Drain the water from the tomatoes and soak up the excess moisture by gently blotting the tomatoes with a paper towel.

Step 5: In a single layer, arrange the tomato slices on a greased pie pan. Sprinkle with about 1/4 cup of the cheese mixture on top. Do this for all the remaining ingredients. Sprinkle the last layer of the tomato slices with mozzarella cheese.

Step 6: Place inside the preheated oven and bake for about 30 to 40 minutes or until the edges are a bit brown.

Enjoy!! Margie Soileau, RMR Director



Crispy Parmesan Tomato Chips

Ingredients

- | | |
|---|--------------------------------------|
| • 6 cups thinly sliced beefsteak tomatoes | 2 tablespoons extra virgin olive oil |
| • 2 teaspoons salt, coarse or regular, to taste | 1 teaspoon garlic powder or to taste |
| • 2 tablespoons fresh chopped parsley | 2 tablespoons grated Parmesan cheese |

Instructions

- Gently drizzle and toss the sliced tomatoes in the olive oil to coat slices.
- Place slices without overlapping onto dehydrator shelves or a baking pan.
- If you are baking preheat oven to 200 degrees F.
- In a small bowl whisk together the remaining ingredients.
- Sprinkle mixture over each slice.
- Depending on how thick the slices of tomato are, dehydrating could take anywhere from 12-24 hours.

If baking, check every 30 minutes until edges show some charring, could take 4-5 hours.

Store in an airtight container

<https://www.sugarfreemom.com/recipes/crispy-parmesan-tomato-chips>

Submitted by Joanne Jeffres (from our daughter, Carla)





Help! Don't Let Me Die!!

Help! Don't let me die! With just a little time and a cardboard box, you can save me and let me live another year. I am your beautiful geranium that has been blooming all summer.

Just before a hard freeze, remove my blossoms, dig me up or take me out of the flowerpot (roots and all), shake off the soil. Just let me dry out just a little, put me in a large cardboard box (usually with the roots up), crisscross the lid and let me sleep all winter in a room that is just above freezing. (If the plant is really wet, let it sit out for a day before putting it in the box or large brown paper sack.) That's all I ask. Make sure that air can get in the box, so don't seal it tight with tape.

Early next spring about 6 to 8 weeks before the last frost date, take the plants out of the box and give it a haircut (prune any broken roots and cut dry stems down to just above the green growth or the leaves starting to immerge), soak my roots or a few minutes and then plant me in a good premoistened potting soil. Keep me in lots of light at first and then gradually introduce me to the bright sun. With a little time, water and sunshine, I will come back to life and present you with multitudes of beautiful blossoms! Once I have shown new growth, begin fertilizing with a good water soluble fertilizer (for example, a 20-20-20).

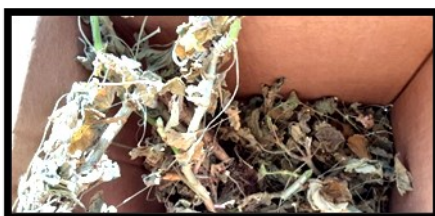
Honest, it is that easy to propagate more geraniums (*Pelargonium x hortorum*, may also be referred to as a zonal geranium).

Just think of the money it will save you and the "warm fuzzies" you will have when you know that—**YES I CAN DO THIS!**

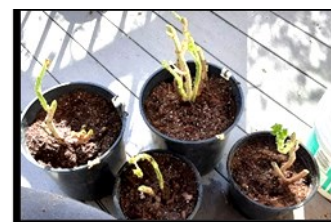
Just dug and drying.
Ready to put in box.



What I found this spring.
Dry and questionable.



Trimmed, soaked
and planted



This is what they look like in July. Their blossoms have now almost doubled in number.
It's amazing what a good winter's rest, a little TLC, sunshine and water will do!



Rocky Mountain Region Officers 2021-2023

Office	Officer	E-mail
Region Director	Margie Soileau 855 Freemantle Dr. Colorado Springs, Co 80920	"Planting in Harmony with Nature" margie.rmrdirector@gmail.com 719-648-8025
Alternate Director	Robbie Kupper 315 East 6 th Street, Ogallala, NE 69153	"Growing and Using Herbs in Nebraska" fgcninc@gmail.com 308-289-6051
Secretary	Roberta Bolton 7125 N Ridge Rd. Lake Point, UT 74074	307-286-0759 Roberta.wyo@gmail.com
Treasurer	Lynette Jeffres 915 East Roosevelt Ave. Riverton, WY 82501-2937	307-856-4399 307-851-1972 c lynjeffres@gmail.com
Parliamentarian	Mary Lerssen 2615 East Woodland Hills Rd. Sioux Falls, SD 57103-4335	605-759-7837 c lerssenm@sio.midco.net
Historian	Roberta Bolton 7125 N Ridge Rd. Lake Point, UT 74074	801-255-4835 roberta.wyo@gmail.com

RMR State Presidents 2021-2023

Colorado Federation of Garden Clubs, Inc. Nancy Griffin "Garden with Heart, Plant with Purpose, Conserve with Care" 19331 E Berry Pl, Aurora, CO 80015 mysticmoongardener@gmail.com — 720-936-5785	North Dakota State Garden Clubs Linda Anderson "The Grass Isn't Always Greener, Plant in North Dakota" 1501 – 28 ½ Ave S., Fargo, ND 58103 rwardljanderson@gmail.com — 701-893-5233
Kansas Associated Garden Clubs, Inc. Floanna Crowley & Sherryl Fitzpatrick Co-Presidents — "Use Wisdom in Caring for Nature" Floanna Crowley 341 N. Valley View St. Wichita, KS 67212 floanna@cox.net Sherryl Fitzpatrick 2869 TeeTime Ct Wichita, KS 67205 sfitzpat3@att.net	South Dakota Federation of Garden Clubs Thelma Busk "Dirty Hands, Good Life" 412 E 9 th St., Dell Rapids, SD 57022 dakfayepriims@santel.net — 605-999-3523
Montana Federation of Garden Clubs, Inc. Jim Sadler "Building Community through Gardening" 1220 Clements Rd., Missoula, MT 59804-2908 Jimsadler1220@gmail.com — 406-728-4743	The Utah Associated Garden Clubs, Inc. Mary Holley "Play and plant in Utah Wisely" mountainflorautah@gmail.com — 435-640-4171
Federated Garden Clubs of Nebraska Robbie Kupper "Growing and Using Herbs in Nebraska" 315 East 6 th Street, Ogallala, NE 69153 fgcninc@gmail.com — 308-289-6051	Wyoming Federation of Garden Clubs, Inc Shirley Pursel "Gathering Friendships thru Gardening" PO Box 6105, Riverton, WY 82501 shirleypursel@yahoo.com — 307-851-2966 (c)

Rocky Mountain Region Chairman* 2021-2023

Project	Chairman	E-mail
Awards	Michele Gustin	robinsbox@q.com
Birds	Audrey Coyle, Colorado Springs, CO	afloris@stratisiq.com
Blue Star Marker	Joyce Hendricks, Billings, MT	rnjhend@charter.net
Butterfly	Margaret Straley, Sioux Falls, SD	zebrabread@gmail.com
Chaplin	Linda Anderson, Fargo, ND	rwandljanderson@gmail.com
Environmental Concerns; Energy, Land, Water	Terry Kroke, Moorhead, MN	tlkroke@yahoo.com
Facebook	Phyllis White, Bozeman MT	gardens@bresnan.net
Flower Show Schools and Symposiums	Jim Sadler, Missoula, MT	jimsadler1220@gmail.com
Gardening School Liaison to RMR	Kathy Petersen, Arvada, CO	kpetersen303@gmail.com
Invasive Plant Species	Alice Hemsath	dhemsath@charter.net
Judges Council	Doris Duckworth, CO	dorisduckworth@yahoo.com
Life Membership-NGC & RMR	Lynette Jeffres, Riverton, WY	lynjeffres@gmail.com
Membership	Shirley Pursel, Riverton, WY	shirleypursel@yahoo.com
NGC President's Projects	Beverly Heidelberger, Spencer, SD	bevheid2@hotmail.com
Penny Pines	Del Hemsath, Kearney, NE	dhemsath@charter.net
Personnel	Connie McKay, Halladay, UT	mcm31@icloud.com
Protocol, Courtesy Resolution	Marjorie Koerner, Parker, CO	margekoerner@yahoo.com
RMR Award of Excellence for Regions	Margie Soileau, Colorado Sp., Co	margie.rmrdirector@gmail.com
RMR Newsletter Editor RMR Rambler	Joanne Jeffres, Riverton, WY	rmrrambler@yahoo.com
RMR Webmaster	~~	
Smokey Bear, Woodsy Owl	Connie McKay, Holladay, UT	mem31@icloud.com
Wildflowers & Native Plants	Pamela Graves, Longmont, CO	pamelagraves@msn.com
Xeriscape Gardens	Doris Duckworth, Monument, CO	dorisduckworth@yahoo.com

* If you need an address or phone number please let me know at rmrrambler@yahoo.com